

Brackenwood Infant School



Personal, Social, Health Education (PSHE)
- Including Spiritual, Moral, Social & Cultural
Development (SMSC) and British Values
Updated November 2021

		Name	Signature	Name	Signature
Date Adopted		Ratified 29/11/21			
Review Date					

PSHE POLICY (incorporating SMSC and British Values)

OVERVIEW

At Brackenwood Infant School we are committed to providing Personal, Social, Health Education that will support our children's learning capacity and encourage them to become informed, active and responsible individuals who can play a positive role in contributing to school life and the wider community.

Our whole school approach provides consistency and progression to our children's learning whilst having a significant impact on our children's "behaviour and attitudes" and to their Spiritual, Moral, Social and Cultural development. The structured progressive PSHE lessons and daily opportunities to explore this learning will also contribute to the school's safeguarding and equality duties and promote British Values.

INTENT

Our PSHE / RELATIONSHIPS EDUCATION / SMSC and British Values Education will:

- 1.** Use PSHE as a way to support our children's development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and learning.
- 2.** Use "Jigsaw" (A mindful approach to PSHE) as our main teaching and learning programme and tailor it to the Brackenwood child's needs (This will be updated each year to ensure we have appropriate, current and relevant teaching materials to support our children and teachers.)
- 3.** Include statutory Relationships and Health Education within our whole school PSHE Programme.
- 4.** Cover the following topics: Families and people who care for me, Caring friendships, Respectful relationships, Online relationships, and Being safe at an age appropriate level.
- 5.** Ensure that all children are also taught about; Mental wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Health and prevention, Basic First Aid at an age appropriate level.
- 6.** Ensure that emotional and mental health is nurtured in all teaching and learning and supported through the school's ELSA programme.
- 7.** Support our children's understanding of the values which underpin life in Britain. Including but not limited to; Democracy, Rule of Law, Individual Liberty, Mutual Respect and Tolerance of Those of Different Faiths and Beliefs and to ensure that these values are promoted and reinforced throughout our whole school community.
- 8.** Develop our children's awareness and respect for diversity and an understanding of their social and cultural environment
- 9.** Provide opportunities for our children to develop as reflective, thoughtful and responsible individuals understanding right and wrong and able to explore social and moral issues at a level appropriate to their age and needs.

IMPLEMENTATION

- 1.** The "Jigsaw" PSHE programme will be taught to all pupils in EYFS and KS1.

- 2.** Learning is defined as 'an alteration in long term memory,' and as such teaching strategies are used that allow both semantic and episodic memories to be made.
- 3.** Metacognition and independent learning strategies are included in the teaching and learning of PSHE.
- 4.** EYFS teachers will plan and deliver the Jigsaw programme and use it in conjunction with the Prime Area PSE teaching, resources and Continuous Provision opportunities.
- 5.** Year 1 and Year 2 will have weekly Jigsaw lessons planned and delivered by HLTAs.
- 6.** Jigsaw lessons will provide children with opportunities to discuss different issues and themes using videos, stories, photographs and objects to stimulate interest.
- 7.** All Jigsaw lessons will begin with a mindfulness activity and class teachers will support HLTAs with any written or follow on work they may be appropriate.
- 8.** Teachers will identify routines, topics and daily opportunities to reinforce PSHE, Relationships, British Values and SMSC learning e.g. dealing with disputes between children, the behaviour choices of different children, democratic ways of choosing class leaders and helpers, discussing issues raised through stories and any appropriate topic learning.
- 9.** Each half term has a different Jigsaw focus which will be introduced by a Teacher Led whole school assembly in the first week.
- 10.** The school assessment policy and strategy is used effectively to ensure that all pupils including those with SEND are making good progress and achieving the highest standards for their ability.
- 11.** Teachers will complete a termly checklist indicating where aspects of PSHE, British Values and SMSC have been covered and use these to identify if there are any areas that require more emphasis or learning opportunities.
- 12.** Teachers will coordinate, with Head Teachers approval. External visitors and trips to provide further interest and opportunities for PSHE, SMSC and British Values.
- 13.** Head teacher and teachers will discuss the needs of individual children who may benefit from further PHSE and relationships support through our ELSA programme.

IMPACT

All children will benefit from a broad, relevant and engaging PSHE and Relationships Education. This will help them develop in their increasingly complex world and to deal with physical, emotional, and social decisions in their daily challenges and online situations. By broadening their understanding of relationships, diverse social situations and ways of maintaining their physical and mental health our children will have the knowledge, skills and strength to embrace new opportunities, manage their risks and become resilient, positive and productive citizens of our diverse, ever changing and exciting society.